



**CROFT WOOLS** 14

Croft Wool & Weavers,  
Lesley & Thomas Kilbride  
lesleykilbride@yahoo.com 01520 755 260  
Easter until end of October 10am-5.30 Tues-Sat  
Ri-aulaidh, Cuaig, Applecross, by Strathcarron,  
Ross Shire, IV54 8XU  
*Woven and hand knitted textiles, also wool from  
our sheep and natural dyes*



**SHARDS STAINED GLASS** 15

Muirne Buchanan  
www.shardsstainedglass.co.uk  
shards@arrina.co.uk Tel 01520 755 231  
Open most days except Tuesdays.  
Please phone first to avoid disappointment.  
The Old Schoolhouse, Arinacrinachd, Arrina IV54 8XU  
*Unique stained glass suncatchers to brighten up your life!*



Shieldaig  
**Nanny's SHOP** F

www.nannysshop.co.uk  
The Corran, Shieldaig, Strathcarron, IV54 8XN  
info@NannysShop.co.uk 01520 755 727  
Open: 10am-5pm, Mon-Sat, Easter-Oct  
*Locally produced gifts, freshly  
ground coffee & delicious home bak-*



**TORRIDON STORES & CAFE** G

www.torridonstoresandcafe.co.uk  
Torridon, Achnasheen, Ross Shire, IV22 2EZ  
jo@torridonstoresandcafe.co.uk  
Open: 10am-6pm. Ring for seasonal opening  
times. 01445 791400  
*Groceries & camping supplies stocked.  
Licensed Cafe serving homemade  
food & baking. Spectacular views!*



**SHEILA BATES** 16

Croft 7  
www.croft7.com  
5 Fuaran, Torridon, Achnasheen  
feltmaker5@btinternet.com  
By Appointment 01445 791 365  
*Felt wall hangings and pictures, interpreting our land-  
scapes & it's colours. Often using natural dyes.*



**WHISTLESTOP CAFE** H

A little bit of sunshine, whatever the weather  
Old Village Hall, Kinlochewe, IV22 2PE  
l.broome4@btinternet.com 01445 760423  
Open: Mon-Sat 8am-7pm, Sun 8am-4pm  
*Home baking, fresh local produce, cater-  
ing & private parties from award winning  
proprietor, Lis Broome. BYOB*



- Arts**
- 1) Attadale Gardens
  - 2) Carron Pottery
  - 3) Susan Duncan
  - 4) Vicky Stonebridge
  - 5) Caroline McCormack
  - 6) Jan Picking
  - 7) Mairi Young
  - 8) Terry Hitchen
  - 9) Jenny Turner
  - 10) Carol Cocks
  - 11) Gill Wilson
  - 12) Gillian Pattinson
  - 13) Sue Grocock
  - 14) Croft Wools
  - 15) Muirne Buchanan
  - 16) Sheila Bates

- Eats**
- A) Carron Restaurant
  - B) Rockvilla
  - C) Waterside Café
  - D) Seafood Bar
  - E) Applecross Inn
  - F) Nanny's Shop
  - G) Torridon Stores & Café
  - H) Whistlestop Café

**HI-ARTS**



Design by Vicky Stonebridge © 2011  
www.balnacra.com

**ENTER PRIZE DRAW  
for Luxury Christmas Hamper  
by Carron Restaurant**

Fill in Postcode

e-mail address

Telephone no

Cut off and leave with one of the participating Arts or Eats venues. Draw to take place on 5th November 2011

# SOUTH WEST ROSS ARTS and EATS TRAIL



*Our work, our studios, our scenery, our food  
Come visit- we look forward to welcoming you.*

[www.artsandeatstrail.com](http://www.artsandeatstrail.com)

Lochcarron Community Council  
Lochcarron Sheep Dog Trials Association



## ATTADALE GARDENS

Sculpture in the landscape  
[www.attadalegardens.com](http://www.attadalegardens.com)  
[info@attadalegardens.com](mailto:info@attadalegardens.com)  
Attadale, Strathcarron, Ross-shire IV54 8YX  
Open: 1st April - 15th October 2011 - 01520 722 603  
Adults-£4.50 Concessions-£3.00 Children-£1.00  
**Bronzes & stone sculpture set in a 20 acre public garden.**

1



## CARRON POTTERY

Craft Shop & Gallery  
Jan & Rob Teago  
[www.carronpottery.com](http://www.carronpottery.com)  
Cam-allt, Strathcarron, Ross Shire, IV54 8YX  
[robteago@btconnect.com](mailto:robteago@btconnect.com) 01520 722 321  
Open: 9.30am to 5.30pm, closed Sunday  
**Working Pottery, very extensive range of Scottish crafts.**  
**Gallery exhibiting Scottish professional artists.**

2



## CARRON RESTAURANT

Peter & Michelle Teago  
[www.carronrestaurant.com](http://www.carronrestaurant.com)  
[carronrestaurant@btconnect.com](mailto:carronrestaurant@btconnect.com)  
01520 722 488  
Cam-allt, Strathcarron, Ross Shire, IV54 8YX  
Open; Monday – Saturday 10.30am.  
Last orders 9pm. Closed Sundays  
**Delicious home cooked food served all day, Teas & coffees, Lunches & Dinners.**

A



## SUSAN DUNCAN

Schoolhouse Pottery  
The Schoolhouse, Lochcarron, IV548YS  
[susan.c.duncan@hotmail.co.uk](mailto:susan.c.duncan@hotmail.co.uk)  
Open most days 01520 722 417  
**High-fired stoneware and porcelain, all functional and pleasant to use.**

3



## BALNACRA ARTS

Vicky Stonebridge  
[www.balnacra.com](http://www.balnacra.com)  
[pottery@balnacra.com](mailto:pottery@balnacra.com)  
By appointment 01520 722 724  
**Illustration & comics. Arts in education, workshops, events & more. Traditional, figurative & symbolist paintings.**

4



## CAROLINE MCCORMACK

Poppy Cottage Gallery  
[www.poppy-cottage-art.com](http://www.poppy-cottage-art.com)  
Main St, Lochcarron, IV54 8YB  
[info@poppy-cottage-art.com](mailto:info@poppy-cottage-art.com) 01520 722 153  
Usually Open: 12-6 Mon to Sat  
I often paint on location so please check if making a special journey  
**lots of poppies, sunrises & sunsets at reasonable prices.**

5



## ROCKVILLA

Guest House & Restaurant  
[www.therockvilla.com](http://www.therockvilla.com)  
Main Street, Lochcarron, IV54 8YB.  
Tel: 01520 722 379  
Open 7 days a week for the season until the end of September.  
**Private functions, outside catering & homemade meals for holiday cottages.**

B



## WATERSIDE CAFE

Geoff & Kate Ellis  
[kateellis1@btopenworld.com](mailto:kateellis1@btopenworld.com)  
Main St, Lochcarron.  
01520 722 303  
Easter-October 7 days  
**Breakfast, lunch, afternoon tea, evening meals all home made and locally sourced**

C



## JAN PICKING

[jan@allt-a-chuim.co.uk](mailto:jan@allt-a-chuim.co.uk)  
01520 722983  
Open most days 10am-5pm. Closed Sun  
Allt-A-Chuim, Church Street, Lochcarron  
**Acrylics, pastels and oils of local scenes.**

6



## MAIRI YOUNG

[young.res@lineone.net](mailto:young.res@lineone.net)  
Resolis, Colonel's Road, Lochcarron, IV54 8YG  
By appointment 01520 722 436  
**Use various media- glass mosaics, silk-painting, watercolour & acrylic painting & lino prints.**

7



## TERRY HITCHIN

[annhitchen@btinternet.com](mailto:annhitchen@btinternet.com)  
01520 722 599  
Open: 10am till late.  
If I am there the Studio is open.  
Craganour, Colonels Road, Lochcarron.  
**Light pulls to salad bowls and plaques in assorted woods.**

8



## JENNY TURNER

Patterns of Light  
[www.patterns-of-light.com](http://www.patterns-of-light.com)  
Kishorn, Strathcarron, IV54 8XA  
[patternsoflight@live.co.uk](mailto:patternsoflight@live.co.uk)  
Open; Mon-Sat, 10am-5pm 01520 733 363  
**Artworks, paintings and greetings cards in various media. Gifts by some by local artists and craftspeople.**

9



## SEAFOOD BAR

Viv Rollo  
[www.kishornseafoodbar.co.uk](http://www.kishornseafoodbar.co.uk)  
Kishorn, Strathcarron, IV54 8XA  
Open daily Mon-Sat 10am-5pm,  
July Aug, Sept 10-9pm, Sundays 12-5, every Friday 9pm  
01520 733 240  
**Fresh local seafood simply cooked and served. View over the sea to Skye.**

D



## CAROL COCKS

Ardoch, Kishorn, IV54 8XA  
[oppositeskye2@aol.com](mailto:oppositeskye2@aol.com)  
01520 733 213 please ring me  
**Inspiration from the boatshed on the shores of Loch Kishorn.**

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## GILL WILSON

[www.gillwilson-paintings.co.uk](http://www.gillwilson-paintings.co.uk)  
Craigellachie, Achintraid, Strathcarron, IV54 8XB  
[gillsart@btinternet.com](mailto:gillsart@btinternet.com) 01520 733 339  
Open: 9am to 6pm but people travelling a long distance should phone first. Closed Sundays  
**Painting, watercolour, oil, pastel, Acrylic, and mixed media.**

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## GILLIAN PATTINSON

North West Highlands Art  
[www.nwhighlandsart.co.uk](http://www.nwhighlandsart.co.uk)  
Brynaport, Kishorn, Strathcarron, IV54 8XB  
[gillian@nwhighlandart.co.uk](mailto:gillian@nwhighlandart.co.uk) 01520 733 227  
Opening Times: 10 am – 5pm  
**Wild highland scenery paintings, prints, greeting cards, gifts, browsers welcome.**

12



## APPLECROSS INN

Judith I Fish  
[www.applecross.uk.com](http://www.applecross.uk.com)  
Shore Street, Applecross, IV54 8LR  
[applecrossinn@btconnect.com](mailto:applecrossinn@btconnect.com) 01520 744 262  
All Day / Everyday Food 12- 9pm  
**Award winning Inn on the shore, over the Beach.**

E



## SUE GROOOCK

Jewellery Design  
[www.suegroock-jewellery.co.uk](http://www.suegroock-jewellery.co.uk)  
Spindrift, Callalille, Applecross, IV54 8XL  
Open most days, please check ahead 01520 744 407  
**Wide range of jewellery handmade using natural materials – freshwater pearls, semi-precious stones & silver.**

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